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## We've Changed Our Look and Logo!



4215 North Peck Road El Monte, CA 91732-2113

Tel: 626-443-1313 • Fax 626-443-1134

www.hopehouse.org Tax I.D. 95-2287909

Hope House exists to improve the lives of children and adults with co-occurring autism, intellectual disabilities and mental health needs by building opportunities for discovery, choice and self-determination.

### SUPPORTING SAM'S JOURNEY



Las Vegas next year."

Pages and pages of Sam's art were on exhibit for purchase at our recent 3<sup>rd</sup>
Annual Hope House fundraising dinner held in November. "Look, the samurai are fighting. I also draw hearts, you know, for the girls. Do you like it?" Sam asked the onlookers as they flipped through his stack of distinctive artwork, using mostly pens and colored markers.

Much of his artwork depict scenes of fighting samurai and muscular warriors and hearts and flowers for female buyers. His drawings are also for sale at the Hope Chest Thrift Store. One-hundred percent of the proceeds go directly to Sam. "Drawing helps him and channel his feelings on paper," commented Dorothy Gonzalez, Administrator who worked with Sam in his youth at Hope House. "He was always very emotional with his art," Dorothy continued. When asked what he intends to do with the money he gets from his drawings, without hesitation Sam said, "I am going to purchase new clothes, a tablet, enroll in a mixed martial arts class and visit my grandparents in

Nearly a decade ago, Sam successfully transitioned from Hope House children's home to one of our adult homes. Now, in his early 30's, he lives with five housemates and is learning how to manage his money and make healthier choices. There was strong sense of security and familiarity when he made the choice to move between homes. That's due to the values and philosophies of Hope House which ensure continuity of care. As a result, Sam was able to flourish and has made good life decisions, including his career goals.

Sam has chosen to work in food services but has worked in landscaping and office work. In food services he is able to make the most money, in a small diner that caters to people with disabilities and the community. He serves customers their breakfast and lunch and busses the tables. "A great deal of reassurance, guidance, and care goes into supporting Sam on his journey to become his best self. With increased exposure and opportunities to explore, an allowance for mistakes, and a lot of practice, he will continue to learn how to be more independent. We are very proud of him," says Ookie Voong, Administrator of our adult homes. Two pieces of Sam's art are on the top of page 3.

#### **Executive Director's Message**

#### Community in Transition:

Since the Lanterman Act was signed over 50 years ago, our system has evolved greatly. There have been numerous transitions and changes and we expect that to continue in the future. A recent rate study conducted by the state showed

the funding shortage to hover around one billion dollars! How will the state respond to their own study? That's a large question mark, and advocates, families and agencies need to be prepared to fight for implementation of higher rates necessary for the survival of the field.

In our last issue I wrote of the national change in service delivery, to Person Centered Services. At Hope House we have been preparing for this change for a number of years now, in order to comply with the new regulations by March 2022.

By this date, all providers of group services, whether residential or day services, must follow this new mandate. Existing services must be redesigned with a Person Centered framework, and strive to meet individual needs while respecting and supporting their individual desires, wherever the setting. New programs opening before 2022 must meet all the new requirements.

Further transition activities for our community have been necessary due to the closure of all the State Hospitals in California. Ten years ago there were 838 people living at Fairview and Lanterman Hospitals in the Los Angeles Area. Five years ago that number was reduced to 333 and today stands at just 31 individuals living in large institutions. Hundreds of new homes have been opened across the state and hundreds more will be needed in the coming years, to meet the needs of people with intellectual and developmentally disabilities.

Marylo House, our 12th home, opened in September, and has the distinction of becoming the first children's Enhanced Behavioral Support home to open in the San Gabriel Valley. Congrats to the MaryJo

Development Team!!!



House.

Golden State Foods presented \$4,483.71 to Hope House in September. Pictured from I-r are Fred Duong, Keith Wong, David Bernstein, Vicki Mastro, Mara Garcia and Rob Bellegue.



Volunteers and funding from Big Sunday, allowed us to hold a Memorial Day celebration for our kids at Hope House .



amuel a resident of our Schmidt Home, had a great















This month, Michele Fassel from Macy's (center) joined us at the Hope Chest as we began transforming the Thrift Store into a magical holiday adventure. On left is Lee Garrison, and on right is Vicki Mastro.





Macy's Katya Juarez and her staff in Montebello presented Vicki Mastro (in white shirt) with their sponsorship contribution of \$4,500 for the 3rd Annual Noche de



From Left, David Bernstein, ED of Hope House, Mary Watson, Assist ED, Theresa Acevedo and Luz Ramirez at the Pomona/SGV Regional Center breakfast in June at the Pavilion in Industry Hills.





In August Daniel (I) and Isaiah (r) and their housemates really enjoyed a 3-day camping trip to Lake Perris



time at the 3rd Annual Noche de Esperanza dinner. See Sam's story on page 1.





**Every Picture Tells A Story** 

November 9, 2019

MACYS

Wine Spansor Christian Diaz

3rd Annual Noche de Esperanza Dinner

All smiles are from I to r, Virginia Recendez, volunteer, Vicki Mastro, DOD, Irene Cordero, Board Member, Chris Diaz, Board Chair and David Bernstein, ED.







A Bear hosted a picnic with lots of goodies at Lambert Park. Here's Isaiah with their Mascot.

In August, Sundance, an

at Hope House.

adorable cocker spaniel and

certified therapy dog, and his

owner Linelle, visited the kids



Hope House for the Multiple-Handicapped, Inc. provides the following services:

#### 12 Residential Facilities

#### **Homes for Children**

**Hope House** serves15 children with developmental disabilities, mental health and behavior challenges.

Halifax and Redstone Homes each serve four children with autism and mental health issues.

**Holiday and Park Homes** each serve three children dually diagnosed with developmental and mental health disorders.

**MaryJo Home** serves four children that lack hazard awareness, impulse control and severe behavioral issues.

#### **Homes for Adults**

The Wyland, Fairgreen and Mildred Homes each serve four adults with severe intellectual disabilities and co-occurring mental health needs.

The Ranchito, Cedar and Schmidt Homes each serve six adults with developmental disabilities complicated by epilepsy, blindness, autism, schizophrenia and physical disabilities.

#### **Respite Reachout**

In-Home services assist families in the San Gabriel Valley by providing temporary relief or care for families caring for a loved one with an intellectual or developmental disability at home. For information regarding Respite Reachout contact Gloria Bonilla, gbonilla@hopehouse.org or 626-532-0871.

### Therapeutic Services and Consultation

Occupational Therapy
Physical Therapy
Mental Health Counseling
Nursing
Medical Specialties
Dietary Management
Developmental Therapy
Recreation and Leisure Therapy
Speech and Language Therapy
Positive Behavior Support

#### COME SHOP AT

Hope Chest Thrift Store

Located: 4203 N. Peck, El Monte Hours: 9a-3p Monday

> thru Saturday 626-579-3403



#### ŠÄMUEL'S ÄRTWÖRK

cont. from page 1



#### **Legislative Update**



Introduced in Senate (03/05/2019) the Achieving Better Life Experience (ABLE) bill increases from 26 to 46 the age threshold for tax-favored ABLE accounts.

(ABLE accounts are designed to enable individuals with disabilities to save for and pay for disability-related expenses). For the past

5 years, ABLE accounts have helped people with disabilities across the country save money without risking access to their home and community-based services and other supports they need to live in their communities. Unfortunately, millions of people with disabilities aren't eligible for ABLE accounts because they did not acquired their disability before age 26.

TAKE ACTION: Urge Congress to support people with disabilities and their families by cosponsoring the bipartisan ABLE Age Adjustment Act (S. 651/ HR 1814). Together we can advocate for #ABLEAgeNow!

### Why a Planned Gift?

Planned gifts provide creative and flexible strategies for you to pursue your charitable and financial goals. Among the financial benefits you may receive are life income for yourself or your family, and substantial tax savings. However, the greatest benefit of a planned gift to Hope House for the Multiple-Handicapped, Inc., lies in knowing that you are supporting the work that is important to you, and our communities.

#### Gifts that pay you income:

Charitable Remainder Trust
Charitable Gift Annuity & Deferred Gift
Annuity

### Gifts Hope House clients can use today:

Gifts of Cash, Stocks, or Mutual Funds Gifts of Real Estate Charitable Lead Trust

#### Gifts that take effect at your passing

Bequest\* Retirement Plans and Insurance Real estate/Retained Life Estate
\*Please contact us for appropriate bequest language and tax I.D. Number.

Contact: vmastro@hopehouse.org 626-747-9320

# WISH LISTS for OUR HOMES

#### Cedar

4 solid color bedding set (twin)
2 solid color bedding sets (full)
Outdoor shoe rack
Scrapbooking supplies
Bath towels/wash cloths
Puzzles, board games

#### Hope

Mini Van (new or gently used)
Puzzles, board games
Markers and coloring books

#### Ranchito

Faux leather couch
Bath towels/wash cloths
Keyboard piano
Basketballs
6 solid color bedding sets (twin)
Perfection game

#### Fairgreen

Bath towels/wash cloths Puzzles, board games

#### MaryJo

Portable basketball hoop
Basketballs
Puzzles, board games
Bath towels/wash cloths
4 solid color bedding sets (twin)
Flat screen TV
Markers and coloring books

#### Halifax

Pop up canopy Bath towels/wash cloths Markers and Coloring Books Puzzles, board games

#### Mildred

Flat screen TV
Sofa
Dining room table for 6
Puzzles, board games
Bath towels/wash cloths

#### Holiday

Bath towels/wash cloths Books Puzzles, board games

#### Park

Bath towels/wash cloths Puzzles, board games

#### Schmidt

Portable basketball hoop
Patio set for 6
Small leaf blower
Bath towels/wash cloths
Fax machine
Puzzles, board games

#### Wyland

Generic chargers and charging cords

Bath towels/wash cloths

Puzzles, board games

#### Redstone Flat screen TV

Sofa
Treadmill (new or gently used)
Board games, puzzles
Bath towels/wash cloths

All homes need arts and crafts lactivity sets

Non-Profit Organization
U.S. Postage
PAID
El Monte, CA
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